



Moorbrook School PE Rationale

PE develops pupils' competence and confidence to take part in a range of physical activities that become a central part of their lives, both in and out of school.

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The aims of physical education at Moorbrook School are in line with those of the national curriculum to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

Extra-Curricular Opportunities

Pupils have the opportunity to represent Moorbrook School by participating in a wide variety of extra-curricular activities. We participate in a number of School Cup Competitions including football, basketball, cross country, cricket and athletics.