



Moorbrook School Outdoor Education Life and Social Skills

Intent

The Outdoor Education, Life and Social Skills programme is designed to meet the individual needs and abilities of all pupils. The curriculum is planned in order to encourage pupils to take part in a variety of different activities in order to challenge them educationally, physically and socially so they can learn a range of skills to support their mental and social wellbeing both during and beyond their school life. By providing pupils with skills and knowledge in a wide variety of activities, we hope to build their confidence and self-esteem in order for pupils to lead more socially active and healthier lifestyle.

Implementation

The programme covers a wide range activities, which provides pupils the opportunity to learn skills in physically challenging environments such as climbing, orienteering and 'bush craft'. Aside from this the curriculum also allows pupils develop their Cultural Capital by accessing educational visits to a range of places such as, museums and cultural and historical land marks. This gives pupils the opportunity to develop socially and also provides knowledge of their local and wider community, as well as the world beyond. As we understand the needs of our pupils we are able to change and adapt in order to keep pupils engaged and motivated as well as reducing learner's anxiety as they become more confident and comfortable in these many different environments.

Impact

Through pupil's enthusiasm and high levels of participation we are sure the Outdoor Education, social and life skills programme meets the needs of our pupils and has a positive impact on learner's motivation both in and out of school. This combination of freedom and responsibility is beneficial to children with little confidence or challenging behaviour. Valuable life skills are learnt - communication, teamwork and responsibility. The skills our pupils learn during this subject will hopefully provide them with the confidence and ability to cope with the many challenges they will face after leaving Moorbrook.