WEEK ONE

Weeks Commencing:

16th November
7th December
28th December
18th January
8th February
1st March
22nd March
12th April

F+ Special Autumn & Winter 2026-2027	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
Traditional Choice	Hunter's Style Chicken or Quorn with Paprika Potatoes & Vegetable Medley	Beef or Vegetarian Spaghetti Bolognaise with Homemade 50/50 Garlic Bread & Salad Selection	Pork or Vegetarian Sausages Yorkshire Pudding & Gravy with Mashed Potatoes & Seasonal Vegetables	Homemade Chicken or Quorn Tikka Curry with Mixed Rice & Naan Bread	Golden Crumb Fish or Vegetable Fingers with Oven Baked Chips & Garden Peas
Alternative Choice	Tomato & Mascarpone Pasta with Homemade 50/50 Herby Bread & Salad Selection (v)	Salmon & Sweet Potato Fishcake with Potato Wedges Garden Peas & Sweetcorn	Pasta Twists & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)	Lancashire Butter Pie with Vegetable Medley or Baked Beans (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
Jackets & Sandwiches	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
Dessert Choices	Oaty Fruit Crunch & Custard or Fruit Yoghurt ~ Fruit Selection & Milk	Marble Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Mousse or Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Cookie or Fruit Yoghurt ~ Fruit Selection & Milk

WEEK TWO

Weeks Commencing:

2nd November
23rd November
14th December
4th January
25th January
15th February
8th March
29th March

	MEAT FREE MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
Traditional Choice	Mediterranean Vegetable Panini Melt with Herby Potatoes Garden Peas & Sweetcorn (v)	Mild Fajita Style Chicken or Quorn with Mexican Style Rice, Tortilla Wrap & Salad Selection	Roast Gammon or Vegetarian Meatballs Yorkshire Pudding & Gravy with Roast Potatoes & Seasonal Vegetables	British Beef & Pork or Vegetable Burger in a Bun with Potato Wedges & Homemade Coleslaw	Crispy Battered Fish Fillet or Vegetable Fingers with Oven Baked Chips & Mushy Peas
Alternative Choice	Pasta Spirals & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)	Puff Pastry Cheese Whirl with Paprika Potatoes Vegetable Medley or Baked Beans (v)	Tomato & Mascarpone Pasta with Homemade 50/50 Herby Bread & Salad Selection (v)	Vegetable & Chickpea Curry with Mixed Rice & Naan Bread (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
Jackets & Sandwiches	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection (v)	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
Dessert Choices	Creamy Rice Pudding & Mixed Berries or Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk	Oat & Cherry Cookie or Fruit Yoghurt ~ Fruit Selection & Milk	Vanilla Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk	Cocoa Krispie Cake or Fruit Yoghurt ~ Fruit Selection & Milk

WEEK THREE

Weeks Commencing:

9th November
30th November
21st December
11th January
1st February
22nd February
15th March
5th April

	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
Traditional Choice	Big Brunch Pork or Vegetarian Sausages Free Range Omelette Crispy Potatoes & Baked Beans	Savoury Beef or Vegetarian Mince with Yorkshire Pudding Mashed Potatoes & Green Beans	Roast Chicken or Quorn Fillet Sage Stuffing & Gravy with Baby Potatoes & Seasonal Vegetables	Homemade Chicken or Quorn Korma Curry with Mixed Rice & Naan Bread	Golden Crumb Fish or Vegetable Fingers with Oven Baked Chips & Garden Peas
Alternative Choice	Tomato & Mascarpone Pasta with Homemade 50/50 Herby Bread & Salad Selection (v)	Vegetable Quesadilla with Rainbow Rice & Salad Selection (v)	Pasta Tubes & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)	Vegetarian Sausage Roll with Paprika Potatoes Vegetable Medley or Baked Beans (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
Jackets & Sandwiches	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
Dessert Choices	Fruity Flapjack or Fruit Yoghurt ~ Fruit Selection & Milk	Lemon Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Jelly or Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Cupcake or Fruit Yoghurt ~ Fruit Selection & Milk