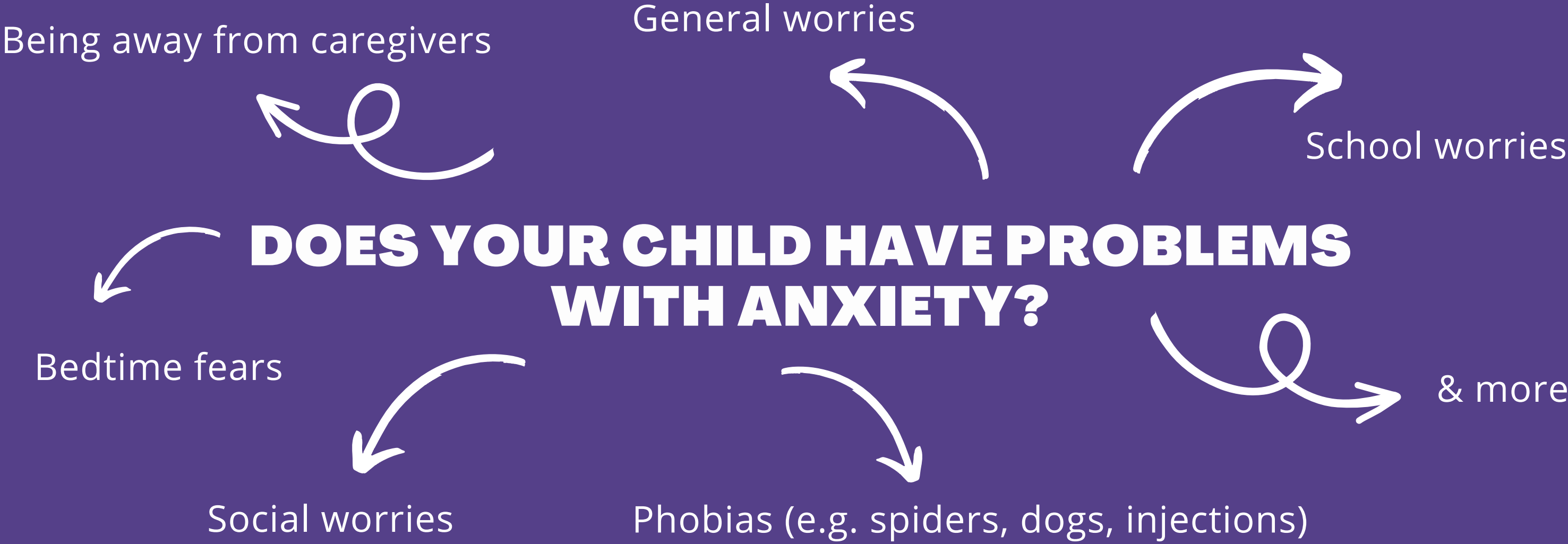




OSI COULD HELP YOU

OSI (Online Support and Intervention) is an online platform designed to help parents to learn tools and techniques to help their child (aged 5 to 12 years old) to overcome difficulties with anxiety.

Parents work through weekly online modules that contain videos, quizzes, and interactive worksheets. Parents are also supported by a weekly telephone/videocall appointment with a clinician.

You can access OSI at a convenient time for you using any electronic device!



GET IN TOUCH :

If you feel you could benefit from Parent Led Anxiety intervention. Please speak to your schools Designated Mental Health Lead to discuss in their monthly Link Meetings with our Supervising Practitioners.

Alternatively you can contact us directly for further referral information.

